

# THE HERALD



## Ten Ways to Show Gratitude

Expressing gratitude is an important aspect of our daily lives. It not only strengthens our relationships with others but also improves our own mental and emotional wellbeing. Here are 10 simple ways to show gratitude:

1. **Say thank you** - Whether it's in person, over the phone, or in a text message, saying thank you is a simple yet effective way to show appreciation.
2. **Write a thank you note** - Taking the time to write a handwritten note shows that you really care and appreciate the person.
3. **Give a small gift** - A small token of appreciation can go a long way in showing gratitude.
4. **Do something kind** - Small acts of kindness, such as holding the door open or helping with a task, can show that you are grateful to that person.
5. **Spend quality time** - Spending time with someone and giving them your undivided attention is a great way to show gratitude.
6. **Offer words of encouragement** - Letting someone know that you believe in them and their abilities can make a big difference.
7. **Share a meal** - Sharing a meal together is a great way to bond and show appreciation for each other.
8. **Give a compliment** - A genuine compliment can make someone's day and show that you are grateful for them.
9. **Volunteer together** - Giving back to the community together can show that you are grateful for what you have and want to help others.
10. **Listen actively** - Listening actively and attentively to someone shows that you value and appreciate their thoughts and feelings.

*Editorial note: More and more we hear about the benefits that AI can bring to the home and work place as an assistant. This article was written with AI Magic Write through Canva. All things considered, I think it did a pretty good job at giving us some ways to show gratitude to others. - BJM*

### IN THIS ISSUE

Gifts to Central (P.2)

Announcements and  
Special Events (P.2)

Sonny's Sayings (P.3)

Life at Central (P.4)

Meyer's Musings (P. 5)

Thank You Central Servants  
(p.6)

Plus, November Birthday  
Calendar

**Central unconditionally  
welcomes and affirms all  
people to the journey of  
faith in Jesus Christ.**



## A look at our finances

Year to Date

Receipts Received: \$416,114.95

Receipts Spent: \$339,056.32

You can donate to Central by visiting, [www.centralbc.org](http://www.centralbc.org) and clicking on the [give now](#) link or by scanning this QR code with your smartphone camera.



## Gifts to Central

### In Memory of:

**Trevor & Jennifer  
Leonardi  
for MOPS, Food Bank  
and Ministries**

**From: Kevin & Kimberly  
Leonardi**

### In Honor of:

**Burniece Miranda  
for Music Ministry**

**From: Randy Miranda**

*O give thanks to the Lord,  
for he is good;  
for his steadfast love  
endures for ever.  
Psalm 107:1*

# Announcements and Special Events



## Food Pantry

Our next Food give-away will be Thursday, November 9 at 10am. If you are interested in volunteering, please call the church office.

## Spaghetti Fundraiser



Cub Scout Pack 490 will be having a Spaghetti dinner on Friday, November 17 from 5pm-8pm in Adams Hall. The cost is \$10 and includes salad, bread and homemade desserts. Proceeds will help the pack purchase books, uniforms and equipment. Tickets will be available in the church office.



## Thanksgiving Lunch

You're invited to our yearly Thanksgiving luncheon on Sunday, November 19th. After the worship service, join us for a delicious meal with turkey and ham provided by the church. We kindly request that everyone bring a side dish or dessert to share with the group.

## Office Closures



The church office will be closed November 23 and 24 for the Thanksgiving Holiday. We will reopen on Monday, November 26.

## Calling All Carolers



It is already that time to begin planning for Christmas. We are in the process of organizing a community choir to sing Christmas carols at both nursing homes and for a special concert here at Central.

Do you enjoy singing Christmas Carols? Then come on down and join us! We will begin rehearsing on Sunday, November 5 at 1 pm in Adams Hall. A special concert has been scheduled for Saturday, December 16 at 3 pm in Adams Hall.

For more information, please call the church office.

## Community Christmas Concert



Save the Date for a Community Christmas Concert and Sing-Along! Come and join us on December 16 for a special holiday event in Adams Hall! The festivities begin at 3 pm with a Christmas concert and sing-along. Afterward, we will share a meal together. Please bring a dish to share.



## Christmas Decorating



Join us on November 27 at 9am to lend a hand in decorating Adams Hall and the Sanctuary. Your assistance would be greatly appreciated!

# Sonny's Sayings

November is a month for giving thanks. It is a month bookended by two days, All Saints Day and Thanksgiving, that help to bookend the month. All Saints Day is November 1, and many churches who follow a liturgical calendar have special services on the day itself. At Central, we carve out the first Sunday of the month for our All Saints remembrance. We remember those who are in the church family who have died in the last year. We have compassion for their families and their grief. We celebrate the ways that we were connected to them, whether it was through Sunday School, or a common ministry, or sitting near them in the church service. And we remember the ways in which they served at Central. This is good for us to do, for we give thanks to God for the individuals whose service helped build the church. And by giving thanks for their lives, we too are inspired to think about our own involvement in the church, and how we contribute to the building of the church.

Then at the end of the month, we celebrate Thanksgiving in



our country. According to Plymouth Plantation vice president of research Tom Baker (through Wikipedia), the original Thanksgiving at Plymouth took place in 1621, when 4 cooks from the Mayflower prepared a meal after the first harvest for the 50 surviving members of Plymouth. They celebrated by firing off their guns. When the Wampanoag (native tribe near Plymouth), who were also decimated (by a plague that affected several tribes) heard the gunshots of celebration that came from Plymouth, came near to see what the noise was all about, they were welcomed by the settlers, and added their own native food to the feast, which lasted for 3 days. That account is from the descendants of the Wampanoag tribe. So if the accounts are to be believed, Thanksgiving came about when two very different groups, broken by their circumstances, used the resources that they had to

share a feast. That's pretty cool.

So I am encouraged that the entire month can be dedicated to giving thanks. We give thanks for the blessings we have. We give thanks for the lives of others who inspire us. We give thanks for the brokenness that allows us to see other people with compassion. And we give thanks for the ability to share of ourselves with others, whether it is a recipe, a food dish, a well wish, or time spent with family and friends. I encourage you to begin each day with a list of those things that you are grateful for, and say your thanks to God. For as the scriptures tell us, "every good and perfect gift is from above, coming down from the Father of lights."

Blessings,  
Sonny

---

*For the beauty of the earth,  
for the glory of the skies,  
for the love which from our  
birth*

*over and around us lies.  
Lord of all to Thee we raise, this  
our hymn of grateful praise.*

*For the fruit of all creation, thanks be to God;  
for the gifts of every nation, thanks be to God.*

*-- Fred Pratt Green*

# What's Happening at Central...

Our **MOPS** moms are showing off their latest project, "ME Dolls" for the patients of the Children's Hospital in Jacksonville. While they were working, the little ones were busy playing.



**Shine** celebrated Ben's 8th birthday earlier this month.



Our newly formed **Maintenance Team** has been busy working to beautify our church's appearance. Below are some photos from the back parking lot. Be sure to thank Steve and Nicole for all of their hard work.



**PrimeTimers** enjoyed a delicious pancake breakfast at the Sugar Mill Pancake House.



The **Craft Class** has been busy making cards, air fresheners and decorative rocks.





## Meyer's Musings

Recently, I had the opportunity to attend the wedding of two former students of mine. Weddings are always a joyous occasion and this one was no exception! It was a small ceremony for family and close friends, which made me feel honored to be included in such a group. Initially, when I arrived, I only saw the bride and groom's parents, both of whom I knew and got to be friends with over the years, but since they were obviously going to be pretty involved, I wasn't sure if there would be anyone else there that I knew. As surprising as it might sound to some of you, I am actually rather shy when it comes to people I don't know.

After the ceremony, we were invited inside for a cocktail hour while the bridal party took some pictures. This was an opportunity to enjoy some Hors d'Oeuvres and have some informal conversation with folks, much to my relief, I discovered some familiar faces during this time.

After the cocktail hour, we were invited to the banquet hall for dinner. I sat at a table with two of the groomsmen, one of whom turned out to be another former student. As we sat there catching up on life, he asked me if I remembered him playing the French Horn in my band. He then apologized to me for being, in his words, "so terrible." He said, "You were so patient and kind with me as I struggled to play..." then he started to laugh and said, "but I was just so awful!" I chuckled a bit and said, "Well, I was glad to have

you and figured you were doing your best." It was 4th grade band and the entire class was forced to take the course.

Eventually, I got to talk to the Bride and Groom and congratulate them. They both said they were so happy I came to their wedding. Not long after that, someone wanted to talk to the Bride and so I was left alone with the Groom. He thanked me again and told me that it really meant a lot that I was there. I told him that I was honored to be invited and to have made that kind of impression on him.

I have a tendency to look back at the past and only see my short comings, but what these students helped me to see is that I made a lasting impact on them. It's nice to hear that something you did a long time ago left a positive mark.

In this season of gratitude, I want to encourage you to freely share and express the good that you see in others. Don't wait or assume they know how you feel; tell them now! You might assume that they already know, but in fact, they may have a reaction much like I did, not realizing that what they did left a lasting impression on you.

I ran across a Facebook quote that said, "What if all of the nice things we say at someone's funeral, we instead share with them while they're still living." I challenge you to share gratitude and love with others, not just during Thanksgiving but all year long.

On the Journey, BJ

## Stewardship Reminder

As the year is coming to an end, we are behind on our year-to-date giving compared to last year.

We know that everyone's finances are a little tighter but if you have the ability to help us catch up or increase your giving, it would greatly help our church.

Your contributions help us to continue to do the work God has called us to in this community.

---

*"Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity.*

*It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow."*

*-- Melody Beattie.*

**What's Happening at Central?**  
**November 2023**

November 2 @ 10am      Craft Class

November 5 @ 1pm      Caroling Practice

November 9 @ 10am      Food Pantry

November 12 @ 1pm      Caroling Practice

November 17 @ 9:30am      MOPS

November 19 @ 12:15pm      Luncheon

November 23      Happy Thanksgiving  
*Church Office Closed*

November 24      Church Office Closed

November 26 @ 1pm      Caroling Practice

---

**Weekly Events**

Sundays

Sunday School at 9:30am

Sunday Worship at 11:00am

Shine at 5:00pm

Youth at 5:00pm

Tuesdays

Bible Study via Zoom at 10:30am  
*Meeting ID: 3262313643*  
*Password: 882551*

Women's Book Club at 12:30pm

Wednesday

Lunch with the Pastor at 12:15pm

Connections at 5:15pm

Thursdays

The Chosen at 5:30pm

**Servant Leadership**

Ministers.....All Members

Senior Pastor.....Dr. Sonny Gallman

Music Leader.....Laurie Moran

Minister of Senior Adults.....Rev. BJ Meyer

Office Manager & Organist.....Rev. BJ Meyer

Pianist.....Meg Pokorny

Custodian.....Steve Lauxman

The Halifax Herald  
A Monthly Publication of  
Central Baptist Church  
152 Fairview Avenue  
Daytona Beach, FL 32114-2104

MKT  
Non-Profit  
US Postage Paid  
Daytona Beach, FL  
PI 266

---

## Thank You Central Servants

On Sunday, October 8, Keith Schmitt was honored for his years of service to our church.

Over the years, Keith has served as a Deacon, Chair of the Buildings and Grounds Committee, Stewardship Committee, Camp Committee, and currently as the chair of the Trustees board.

We are very fortunate and grateful to have Keith and his wife Mary Ellen as part of our church family.

Keith, thank you for all of your hard work over the years. We are grateful for your continuing service to Central.

We love you!

